

# Community Update - September 7, 2021

## **Emerging Wisely Current State:** Step by Step Together

### **Update: Isolation Requirements**

Requirements for persons subject to isolation:

- Stay in the indoor portion of your isolation location for 10 days unless you are advised otherwise by a Public Health Official or your healthcare provider.
- Do not leave the indoor portion of your isolation location unless you need to seek medical attention. If you need medical attention, contact your health care provider, and follow their instructions.
- Do not have any visitors at your isolation location.
- If you are at risk of more severe diseases or outcomes, monitor yourself for worsening or severe symptoms
- Call 9-1-1 if you develop severe symptoms and let them know if you have tested positive for COVID-19 or that you are experiencing symptoms of COVID-19.

#### Can I go out on the land during containment?

The NWT Office of the Chief Public Health Officer (OCPHO) is advising those who have been diagnosed with COVID-19 to please stay close to community centres while isolating. This is for accessing healthcare services if required.

The OCPHO encourages responsible on the land self-isolation or self-monitoring and supports doing so in a healthy environment.

If you would like to go out on the land with a family member who is not in your household- please contact a Public Health Officer to do so. Please rest assured that anyone associated with the Town and Council have followed this procedure.

For more information, please call 867-587-3700 or email towninformation@normanwells.com

#### Regular Council Meeting #21-25- Tuesday, September 7, 2021 @ 7pm

All Council meetings are available to the public via teleconference. For the agenda, visit <a href="https://normanwells.com/town-hall/council-agenda/">https://normanwells.com/town-hall/council-agenda/</a>. Call in 1-866-969-8429 ID: 5040455