



## COVID-19 INFORMATION

# Mandatory Isolation

If you are fully vaccinated (second dose of COVID-19 vaccine was received two weeks BEFORE the date you were exposed)

### Monitor for symptoms:

- You need to contact the health centre and get a COVID-19 test if you feel sick. If that happens the health care provider will tell you what to do next.
- If someone you live with gets sick they need to be tested for COVID-19, the healthcare provider will tell you and the person you live with what to do next after the test result is received.
- Otherwise you need to keep monitoring for symptoms until 10 days after the date of your exposure, unless the timeline is extended by the Chief Public Health Officer.



If you are NOT fully vaccinated (if you did not get a vaccine, only have one dose, or received your second dose less than 2 weeks before the date you were exposed)

### Isolate for 10 days

- You need to get a test at the health centre.
- You need to stay at home and not be in physical contact with others who don't live with you.
- You need to stay in isolation until 10 days after the date of your exposure, unless the timeline is extended by the Chief Public Health Officer or you test positive for COVID-19.
- If you feel sick you need to follow the advice of the local health care provider (who will ask you to come and get tested.)
- If you live in the same house as someone who is isolating:
  - If you are not fully vaccinated: Follow the same advice above.
  - If you are fully vaccinated: If you or anyone in your house feels sick you must isolate, call the health centre and get testing.

