

Community Update – August 27, 2021

Emerging Wisely Current State: Step by Step Together

Glossary of Terms:

Asymptomatic: Showing no symptoms of disease. A person infected with the virus can be asymptomatic because they are in an early stage of infection and symptoms have not yet developed.

Chief Public Health Officer: is the lead health professional and primary spokesperson on public health related matters for the Northwest Territories.

Close Contact: anyone who has been within 6 feet of a person infected with the virus for a prolonged period or has had direct contact with the infected person's secretions.

Community Emergency Response Committee: are members of the municipal local emergency response organization (EMO). The local EMO feeds information regarding impact of the emergency to the Regional and Federal EMOs.

Community Transmission: Infections identified in a community without a history of travel elsewhere and no connection to a known case.

Containment: restrictions imposed on the community to limit the spread of covid-19.

Delta Variant: A variant of the Covid-19 virus that is a new strain which has emerged due to a mutation in the virus' genetic structure. The Delta variant is a more contagious variant of the COVID-19 virus that spreads rapidly after its emergence.

Emergency Response Level 3: GNWT control with Federal support. Resources of all levels of Government are involved. Local authorities manage their resources within a joint government emergency management structure. ***Norman Wells' current level***

Mandatory Isolation: stay at home for a minimum of ten days if you have been infected (diagnosed) with the virus, even if you don't have any symptoms. You may not have any visitors and you may not leave your home or yard. This will help stop the spread of the virus so that other people don't get sick.

Public Health Officer: a person holding a position of enforcement relating to covid-19 restrictions as put in place by the Office of the Chief Public Health Officer.

Self-Monitor: means watching closely for symptoms of covid-19 in yourself and in your dependents. At the first sign of symptoms, such as increase in body temperature or development of a cough or sore throat or shortness of breath, you should isolate and call 811 for assessment and direction.

During a pandemic, everyone should be self-monitoring.

Social Distancing: Measures taken to reduce person-to-person contact in each community, with a goal to stop or slow down the spread of a contagious disease such as covid-19. Measures can include working from home, closing offices and schools, canceling events, avoiding public transportation, and maintaining a distance of 6ft from any person who does not live in your household.

Symptomatic: showing signs of Covid-19 (increase in body temperature or development of a cough or sore throat or shortness of breath).

Viral Shedding: The period after the virus has replicated in the host and is being emitted. Ten days after the diagnosis of Covid-19, you are no longer considered contagious as the virus is no longer shedding.

For more information, please visit www.hss.gov.nt.ca, call 867-587-3700, or email towninformation@normanwells.com

Sources: <https://www.kff.org/glossary/covid-19-outbreak-glossary/>, https://en.wikipedia.org/wiki/Chief_Public_Health_Officer_of_Canada,
<https://www.gov.nt.ca/covid-19/en>