

## Community Update – September 18, 2020

### Emerging Wisely Current State: Relaxing Phase 2 – Next Steps

#### Reminder of Fitness Centre Rules

We ask all users and community members to adhere to these guidelines and measures to eliminate the spread of Covid-19:

- There is a limit of 5 members at a time in the fitness centre.
- It is on a first come, first serve basis, no booking of appointments or holding spots is allowed.
- Members are asked to limit workouts to 1 hour to ensure everyone has an opportunity for usage.
- Members are required to stay 6 feet apart while working out in the fitness centre.
- There is a strict wipe down policy in place. Members are asked to wipe down all equipment after each use. Anyone not following this will be asked to leave by the attendant.
- When members enter the fitness centre, they must sign in with the attendant before entering to use facility.
- The sauna and showers are currently not open for use. Changerooms are strictly for changing and washrooms.
- Certain equipment is marked off from usage to help with social distancing. Please do not use the equipment that is marked off.
- Please do not use the fitness centre if you are sick or have Covid-19 symptoms.

#### Reminders:

- All parties from the same household entering the Fitness Centre **do** require individual fitness membership passes.
- The 1<sup>st</sup> family member would purchase a regular membership & any additional family member would purchase a membership as an additional adult or youth member.
- Memberships are not transferrable.
- Members entering the Fitness Centre who is under the age of 18 must always be accompanied by an adult, except during youth drop-in time.)

**Anyone not following these rules and existing fitness centre rules will be asked to leave or risk having membership suspended. By-Law will be doing random spot checks in the Fitness Centre to ensure members are adhering to the above guidelines.**