



Community Update – June 8

Emerging Wisely Current State: Relaxing Phase 1: First Steps

Emerging Wisely in Norman Wells – It's time to review how well we are doing at following the guidelines for increased interaction.

How well are you following the guidelines put in place by the Chief Medical Officer and the Emerging Wisely Plan to protect the NWT?

Have you established a friendship circle for indoor visitors to your house?

- Each household can have up to five people they don't live with come over and be inside their house.
- A maximum of 10 people in total can be inside the house at any time.

Are you sticking to your fave five?

- Stick with the same five people to invite over to your place.
- Remember – you can still hang out with others at a park or in your backyard as long as you keep two metres apart.
- Your fave five would just be for inside your house where the risk is highest.

Are your outdoor get-togethers of 25 people or less?

- Are you physical distancing? Have you been keeping two metres apart as much as possible? It's not great for selfies but its great for keeping COVID-19 out of the picture.
- Are you hand-washing and/or sanitizing after visiting with people?
- Are you travelling by household groups? That means no carpooling (we know this isn't environmentally friendly but it is COVID-19 friendly).
- Are you avoiding shared food and/or beverages?

While the threat of COVID-19 seems low at the moment, we need to be prepared for a second wave. The better we are at following the regulations now the better our chances are for keeping the NWT's exposure to COVID-19 low.